



HMAF Gasshuku

November 11-13, 2011

Suigetsu Dojo, Greenlawn NY

We promise you **12 full hours** of intensive training in HMAF Hakkoryu Jujutsu in addition to social time! The HMAF Gasshuku is a wonderful opportunity to meet, train, and socialize with other students and instructors of Hakkoryu Jujutsu!

Sessions include: Hakkoryu shodan, nidan, sandan waza: kihon, henka, and oyo; randori; HMAF walking exercises and kata; Koho Shiatsu

All instruction will be led by Dara Masi, Kaiden Shihan San Dai Kichu.

Don't Miss Out!!

- ◆ Friday evening social
- ◆ Saturday evening dinner
- ◆ Detailed intensive instruction
- ◆ 12 packed hours of training
- ◆ Special one hour class for children!

Online registration & details: www.hakkoryumartialartsfederation.com

SCHEDULE

Friday: 6:30pm-8:30pm class; followed by social time & light dinner

Saturday for kids: 9:00am-10:00am Children's HMAF special seminar (age 5-12)

Saturday for adults: 10:00am-5:00pm; then dinner and social time (lunch on your own)

Sunday: 10:00am-2:00pm



Event	Member Cost	Non-member Cost	How Many	Total
Complete Package (includes everything!) T-Shirt (Circle Size) YS YM YL S M L XL XXL	\$100.00	\$140.00		
Friday Only	\$40.00	\$70.00		
Saturday Only (includes dinner)	\$75.00	\$115.00		
Sunday Only	\$50.00	\$90.00		
Children's Seminar (age 5-12)	\$20.00	\$20.00		
T-Shirt (Circle Size) YS YM YL S M L XL XXL	\$15.00	\$15.00		
Saturday Dinner Only (Adult)	\$20.00	\$20.00		
Saturday Dinner Only (Child 5-11, must be accompanied by adult)	\$5.00	\$5.00		
I am a current member of HMAF	HMAF Membership Registration Number _____			
I want to join/renew my HMAF membership	Enter registration number if you know it: _____	\$30.00		
Name & School:				